



**TAEKWON KIDS – MTN. VIEW**

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## 2019 Spring Class Schedule

|          | MON   | TUE   | WED   | THU   | FRI                                      | SAT  |          |
|----------|---|---|---|---|--|--|----------|
|          | Poomsae & Traditional                       |   | Self-Defense & Sparring                     |   |  | Review                                       |          |
| 9:15 am  | 9:15a -10:15a<br>TKF                        |   | 9:15a -10:15a<br>TKF                        |   | 9:15a -10:15a<br>TKF                     |  |          |
| 11:00 am | 11:00a – 11:40a<br>ALL BELTS                | 11:00a – 11:40a<br>ALL BELTS                |   | 11:00a – 11:40a<br>ALL BELTS                |  | 9:00a -10:00a<br>BEG & INT<br>White – Purple | 9:00 am  |
| 3:00 pm  | 3:00p -3:40p<br>BEG<br>4-6 yrs              | 3:00p -3:40p<br>BEG<br>4-6 yrs              | 3:00p -3:40p<br>BEG<br>4-6 yrs              | 3:00p -3:40p<br>BEG<br>4-6 yrs              | 3:00p -3:40p<br>BEG<br>4-6 yrs           | 10:00a -11:00a<br>INT & ADV*<br>Blue – Black | 10:00 am |
| 3:45 pm  | 3:45p-4:30p<br>BEG & INT<br>White – Purple  | 3:45p -4:30p<br>INT<br>Orange – Red         | 3:45p-4:30p<br>BEG & INT<br>White – Purple  | 3:45p-4:30p<br>INT<br>Orange – Red          | 3:45p -4:45p<br>POOMSAE<br>All Belts     | 11:00a -12:00p<br>BBC*                       | 11:00 am |
| 4:30 pm  | 4:30p -5:25p<br>INT & ADV*<br>Green – Black | 4:30p-5:10p<br>BEG<br>4-6 yrs               | 4:30p -5:25p<br>INT & ADV*<br>Green – Black | 4:30p-5:10p<br>BEG<br>4-6 yrs               | 5:00p -6:00p<br>SPARRING*<br>Open to All |  |          |
| 5:30 pm  | 5:30p-6:00p<br>TRIAL                        | 5:15p -6:15p<br>ADV*<br>Purple+             | 5:30p-6:00p<br>TRIAL                        | 5:15p -6:15p<br>ADV*<br>Purple+             |  |  |          |
| 6:00 pm  | 6:00p -7:00p<br>BEG & INT                   | 6:15p -7:00p<br>BEG & INT<br>White – Purple | 6:00p -7:00p<br>BEG & INT<br>White – Purple | 6:15p -7:00p<br>BEG & INT<br>White – Purple | 6:00p -7:00p<br>JUDO                     |  |          |
| 7:00 pm  | 7:00p -8:00p<br>INT & ADV*<br>Green – Black | 7:00p -8:00p<br>INT & ADV*<br>Green – Black | 7:00p -8:00p<br>INT & ADV*<br>Green – Black | 7:00p-8:00p<br>BBC*                         | 7:00p -8:00p<br>DEMO<br>Open to All      |  |          |
| 8:00 pm  |   | 8:00p-9:00p<br>JUDO                         |   | 8:00p-9:00p<br>JUDO                         |  |  |          |

|                     | BEGINNER  |        |        | INTERMEDIATE                                 |      |        | ADVANCED  |          |       |       |
|---------------------|---|--------|--------|--|------|--------|---|----------|-------|-------|
|                     | Promotion: 2-3 months                           |        |        | Promotion: 2-4 months                        |      |        | Promotion: 6-8 months                               |          |       |       |
| Belt                | White   | Yellow | Orange | Green  | Blue | Purple | Red   | Dark Red | Brown | Black |
| Recommended Classes | Beginners 4 to 6 year olds                      |        |        |  |      |        |   |          |       |       |
|                     | Beginners and Intermediate students of all ages |        |        |  |      |        |   |          |       |       |
|                     |   |        |        | Intermediate & Advanced students of all ages |      |        |   |          |       |       |
|                     |   |        |        |  |      |        | Advanced Students of all ages including black belts |          |       |       |
|                     | BBC – Black Belt Club members and black belts   |        |        |  |      |        |   |          |       |       |

\* Sparring gear required all the time