



TAEKWON KIDS – MTN. VIEW

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2019 Spring Class Schedule

	MON	TUE	WED	THU	FRI	SAT
	Poomsae & Traditional		Self-Defense & Sparring			Review
9:15 am	9:15a -10:15a TKF		9:15a -10:15a TKF		9:15a -10:15a TKF	
11:00 am	11:00a – 11:40a ALL BELTS	11:00a – 11:40a ALL BELTS		11:00a – 11:40a ALL BELTS		8:30a -10:00a JUDO 7+ yrs
3:00 pm	3:00p -3:40p BEG 4-6 yrs	3:00p -3:40p BEG 4-6 yrs	3:00p -3:40p BEG 4-6 yrs	3:00p -3:40p BEG 4-6 yrs	3:00p -3:40p BEG 4-6 yrs	10:00a -11:00a BEG & INT White – Purple
3:45 pm	3:45p-4:30p BEG & INT White – Purple	3:45p -4:30p INT Orange – Red	3:45p-4:30p BEG & INT White – Purple	3:45p-4:30p INT Orange – Red	3:45p -4:45p POOMSAE All Belts	11:00a -12:00p INT & ADV* Blue – Black
4:30 pm	4:30p -5:25p INT & ADV* Green – Black	4:30p-5:10p BEG 4-6 yrs	4:30p -5:25p INT & ADV* Green – Black	4:30p-5:10p BEG 4-6 yrs	5:00p -6:00p SPARRING* Open to All	12:00p -1:00p BBC*
5:30 pm	5:30p-6:00p TRIAL	5:15p -6:15p ADV* Purple+	5:30p-6:00p TRIAL	5:15p -6:15p ADV* Purple+		
6:00 pm	6:00p -7:00p BEG & INT	6:15p -7:00p BEG & INT White – Purple	6:00p -7:00p BEG & INT White – Purple	6:15p -7:00p BEG & INT White – Purple	6:00p -7:00p JUDO	
7:00 pm	7:00p -8:00p INT & ADV* Green – Black	7:00p -8:00p INT & ADV* Green – Black	7:00p -8:00p INT & ADV* Green – Black	7:00p-8:00p BBC*	7:00p -8:00p DEMO Open to All	
8:00 pm		8:00p-9:00p JUDO		8:00p-9:00p JUDO		

	BEGINNER			INTERMEDIATE			ADVANCED			
	Promotion: 2-3 months			Promotion: 2-4 months			Promotion: 6-8 months			
Belt	White	Yellow	Orange	Green	Blue	Purple	Red	Dark Red	Brown	Black
Recommended Classes	Beginners 4 to 6 year olds									
	Beginners and Intermediate students of all ages									
							Intermediate & Advanced students of all ages			
							Advanced Students of all ages including black belts			
	BBC – Black Belt Club members and black belts									

* Sparring gear required all the time