# 2025 WINTER/SPRING CLASS SCHEDULE

**From January 2025**

| | MON & WED | | | TUE & THU | | | FRI | | | SAT | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | MAIN | RM 2 | GYM | MAIN | RM 2 | GYM | MAIN | RM 2 | GYM | MAIN | RM 2 | GYM | |
| 3:00 PM | | | | | | | | | | | 9:00-10:00 TEEN ADULTS ALL BELTS | | 9:00 AM |
| | | 3:15-3:45 YELLOW (4-6 yrs) | 3:15-3:45 WHITE (4-6 yrs) | | 3:15-3:45 YELLOW (4-6 yrs) | 3:15-3:45 WHITE (4-6 yrs) | | 3:15-3:45 YELLOW (4-6 yrs) | 3:15-3:45 WHITE (4-6 yrs) | 9:15-10:00 JUDO KIDS (7-11 yrs) | | | |
| 3:30 PM | | | | | | | | | | | | | 9:30 AM |
| | 3:45-4:30 WHITE YELLOW (7+ yrs) | 3:45-4:30 ORANGE GREEN (7+ yrs) | 3:45-4:15 ORANGE GREEN (4-6 yrs) | 3:45-4:30 WHITE YELLOW (7+ yrs) | 3:45-4:30 ORANGE GREEN (7+ yrs) | 3:45-4:15 ORANGE GREEN (4-6 yrs) | 3:45-4:30 WHITE YELLOW (7+ yrs) | 3:45-4:30 ORANGE GREEN (7+ yrs) | 3:45-4:15 ORANGE GREEN (4-6 yrs) | | | | |
| 4:00 PM | | | | | | | | | | 10:00-11:15 JUDO Teen Adults | | | 10:00 AM |
| 4:30 PM | 4:30-5:15 RED | 4:30-5:15 BLUE PURPLE | 4:30-5:15 BROWN | 4:30-5:15 RED | 4:30-5:15 BLUE PURPLE | 4:30-5:15 BROWN | 4:30-5:45 POOMSAE TEAM | 4:30-5:30 SPARRING BLUE+ | | | | | 10:30 AM |
| 5:00 PM | | | | | | | | | | | | | 11:00 AM |
| 5:30 PM | 5:15-6:00 JUDO KIDS (7-11 yrs) | 5:15-5:45 YELLOW (4-6 yrs) | 5:15-5:45 WHITE (4-6 yrs) | 5:15-6:00 WHITE YELLOW (7+ yrs) | 5:15-5:45 YELLOW (4-6 yrs) | 5:15-5:45 WHITE (4-6 yrs) | | | | | | | 11:30 AM |
| | | 5:45-6:15 ORANGE GREEN (4-6 yrs) | | | 5:45-6:15 ORANGE GREEN (4-6 yrs) | | 5:45-7:00 DEMO TEAM | 5:45-7:00 SPARRING TEAM | | | | | |
| 6:00 PM | | | | | | | | | | | | | |
| | 6:15-7:00 WHITE YELLOW (7+ yrs) | 6:15-7:00 BLUE PURPLE | 6:15-7:00 ORANGE GREEN (7+ yrs) | 6:15-7:00 BLUE PURPLE | 6:15-7:00 RED | 6:15-7:00 ORANGE GREEN (7+ yrs) | | | | | | | |
| 6:30 PM | | | | | | | | | | | | | |
| 7:00 PM | 7:00-8:00 POOMSAE TEAM | 7:00-7:45 RED | 7:00-7:45 BROWN | 7:00-7:45 BLACK | 7:00-7:45 BROWN | 7:00-8:30 SPARRING TEAM | | | | | | | |
| | | | | | | | 7:15-8:15 JUDO Teen Adults | | | | | | |
| 7:30 PM | | | | | | | | | | | | | |
| | | 7:45-8:45 JUDO Teen Adults | | 7:45-8:45 TEEN ADULTS ALL BELTS | 7:45-8:45 JUDO Teen Adults | | | | | | | | |
| 8:00 PM | 8:00-8:45 BLACK I FIRST DEG | | 8:00-8:45 BLACK II 2ND+ DEG | | | | | | | | | | |
| 8:30 PM | | | | | | | | | | | | | |
| 9:00 PM | | | | | | | | | | | | | |